



WARE. Senior Center

September 2017

Ware Senior Center

**1 Robbins Road - Ware, MA 01082
413-967-9645 (fax) 413-967-9294**

Mission

It is the mission of the Ware Council on Aging to identify the total needs of the community's elder population, to link services to those needs and to improve the quality of life for our seniors

“Hang onto the things in life that make you smile, and let go of what doesn't.”

- Unknown

Senior Services Available

*SHINE Counseling

Medicare A, B, D

MassHealth/Social Security/Disability

Retirement

Food Stamps (SNAP) /Fuel Assistance

Housing Application Assistance

Maria Hastings Grant

Wellness Checks and Home Visits.

Contact Maire Brigid Bresnahan at 413-967-9645 x502 to make an appointment

Senior Center Staff

John L. Zienowicz - Executive Director

Maire-Brigid Bresnahan—Outreach Coordinator

Marie Stacy - Van Coordinator

Donna DiPilato - Finance Coordinator

Patricia Ranner—Coffee Shop / Welcome Staff

Margarette Grzywacz - Welcome Staff

Michael Tourville - Welcome Staff

Ann Murphy - Welcome Staff

Beverly Anthony - Welcome Staff

Alton Davis - Chef

Meghan - Kitchen Assistant

Barbara Demers—Kitchen/Lunchroom Volunteer

Mickey Saladyga—Thrift Store Coordinator

Donna Comtois - Thrift Store/Kitchen Volunteer

Craig Simmons— Transportation Provider

Council on Aging

Paul Benoit

Julianne Cappe

Craig Simmons

John Zienowicz

Carol Brundige

Janet Ciejka

Cindy Wloch

COA Meetings take place on the third Tuesday of every month from 9-10AM. The next meeting will be on Tuesday **September 19th**.

The meetings are open to the public and time for new business will be allowed near the beginning of the meeting.

We only ask that people please try to contain new business to a maximum of two minutes per person.

All meetings take place at the Ware Senior Center and are open to the public.

Meet with your Representatives

Have an issue for your state legislators to tackle?

Meet their staff here!

Thursday 9/14 12-1^{PM}

Tyler Wolanin, District Director

for Senator Anne Gobi



Brown Bag

Brown Bag will be held on **Friday** September 8th at 10:30^{am}. **Participants will have until the end of business hours (4^{pm}) on Brown Bag Friday to pick up their bags.**

Please make arrangements for pick up in advance as food will not be stored beyond Brown Bag Day .

Future Brown Bag Dates to Remember:

October 13th, November 10th, December 8th.
If you would like more information on the application process or to volunteer please contact Maire Bresnahan at: 413-967-9645 x502.



WARE
**Senior
Center**

**Friends of Ware
Seniors Inc.**

Help us Grow!

The Friends of Ware Seniors Inc. are selling sponsorships to help support the expenses of the Ware Senior Center such as; entertainment, health programs, furniture and equipment upgrades, food program, and of course the famous parties and raffles.

The Friends of Ware Seniors Inc. is the fundraising partner of the Ware Senior Center. The Friends raise money to donate directly to or purchase items for Senior Center activities for the benefit of the senior

citizens of Ware.

Your name will be listed on the Friends Tree Mural at the Ware Senior Center (if you choose).

Letters will be mailed to all 55⁺ citizens in Ware in August with more details and forms will be available at the Senior Center front desk .

We look forward to having you help our tree grow!

Thank you from the Friends,

Sue LaBarge, George Staiti, Mary Gage, Paul Orszulak,
Marge Grzywacz, Gwen Kirkham, Maggie Sorel, Denise
Blodgett, Lorraine Fulton, Bev Kivior



Post Tax Season Mass DOR Issues Addressed

To Everyone,

This is an update on some of the post season issues we have heard about.

- 1) Some returns required a negative adjustment to the Circuit Breaker calculation to accommodate a rollover. These were caught by the DOR, but many were held with no notice and no indication to the taxpayer why they weren't getting their refund. If you ran into this situation, the taxpayer needs to contact DOR Customer Service, explain the situation and send (fax) the letter we prepared, this should break the logjam.
- 2) Taxpayers who receive a military pension with state withholding may have their refunds adjusted (Wrongly) by the DOR to remove the MA withholding. There seems to be a glitch in the new MA software (The DOR software not TaxSlayer) which does not recognize withholdings from DFAS pensions (which are not taxable in MA). In previous years, the DOR would send letters asking the taxpayer for proof of the withholding (i.e. a copy of the 1099-R) this year the adjustment seems to be automatic and a letter is sent to the taxpayer saying an error was made in the return. To resolve this, the taxpayer needs to contact DOR Customer Service and send them a cover letter with a copy of the 1099-R to show proof of the withholding.

If you run into these problems or others please let AARP Tax Aide know so we can see how widespread it is.

Thanks,
Joan

COA “Van Go” Service

The Ware Council of Aging and the Staff of the Ware Senior Center want make you aware of the Van Services that are available to you.

This includes service for shopping and medical visits. **COA “Van Go “Services** normally operate from 9:00 am to 1:00 pm Monday, Thursday & Friday. Destinations are limited to within the Town of Ware.

The Suggested Donation is \$1.00 per trip. Lift service is available. Ask the Van Coordinator for **policies for van use**. For further information or to schedule a ride please contact the Van Coordinator at 413 967 9645.



Van Report

For July 1st—July 31st

Round Trips	22
Total Trips	67
Days on the Road	12
Mileage	466.5
Big Y Pick ups	12
Closed/Holidays	1
Van Escorts	0
Donations	\$48.00

***Funds to operate the van are provided in part from the Older Americans Act through a grant from WestMass Eldercare, MAEOEA & FACL**

Alternative Transportation Options

If you are planning on visiting the Senior Center and you live in Valley View Apartments, Highland/Hillside Apartments, or Ware Brook Village, the **PVTA Shuttle** now makes regular, daily, scheduled stops in the Ware Senior Centers' parking lot allowing you to get to and from the Ware Senior Center. This shuttle schedule now allows riders to participate in afternoon activities. Schedules are available at Front Desk or on the Senior Van. The **PVTA** also offers para-transit service to seniors and people with disabilities who need transportation for shopping, work, banking, medical purposes, day programs, etc. across the Pioneer Valley call 1-866-277-7741 to schedule a ride.

The **Quaboag Connector** is also available for transportation to surrounding communities outside of Ware. For more information or to make reservations for rides, please call 1-413-544-3401 or visit www.rideconnector.com



October 11th at 10^{AM}

West Mass ElderCare's Community Options Coordinator, **Nikki Brookens** will be here to give a presentation on the services assistance that WestMass ElderCare offers to senior and disabled people in this area.

The presentation is **free** however please sign up with Maire Brigid Bresnahan, Social Services Coordinator at 413-967-9600 or in person at the Senior Center front desk.



Autumn is a favorite season for many. Cooler temperatures and leaves changing.

While the changing colors of the trees are pretty to look at, cleaning the piles of fallen leaves sometimes seem like an ongoing chore.

Leaf blowers make the cleanup easier, but you risk exposure to loud sounds. It is best to wear hearing protection while using this equipment. Damage from noise exposure can be gradual.

Signs of hearing loss from noise exposure include distorted or muffled sounds, difficulty understanding speech, and tinnitus.

Consider a hearing screening if you are frequently around noise.

Screening will be available by appointment

September 20th 10:30 - 12:30PM

call the Senior Center front desk, 413-967-9645 to schedule an appointment.

We will discuss any concerns with your hearing healthcare



AT THE CORNER OF HAPPY & HEALTHY®

Flu Clinic—Get your Flu Shots Here!

Sept 13th 10-12^{PM}

AND

October 25th 10-12^{PM}

Shots are covered by most insurers so get yours!



Discover Ware

Saturday September 16th!

Visit The **Ware Fair and Flea**

8 am to 4 pm at the Meeting House,
295 Belchertown Rd;
then pop over to the

Clowning for Kidz Car Show

9 am to 2 pm at the
Knights of Columbus,
126 West Main St.
and then stop at the

Block Party

12 pm to 4 pm hosted by
Trinity Episcopal Church on Pleasant
and Park Streets

**FOOD, LIVE MUSIC, and FUN
FOR THE WHOLE FAMILY at
all events.**

FREE Admission.

All events conveniently located on RT. 9
in Ware, Massachusetts

<https://warecentermeetinghouse.org/ware-fair-flea/>

<http://www.clowningforkidzfoundation.org>



September 2017 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
*Menu Subject to Change				1 Tuna salad French Fries Tomato Soup Sliced Apples
4 Closed! 	5 Baked Fish Scalloped Potatoes Broccoli Peaches	6 Meatloaf Mashed Potatoes Green Beans Pineapples	7 BBQ Chicken Baked Potato Mixed Veggies Cantaloupe	8 Chili Burgers French Fries w/Cheese Watermelon
11 Veal Parmesan w/ Spaghetti Tossed Salad Cookies	12 Grilled BLT Sweet Potato Fries Macaroni Salad Mixed Fruit	13 Birthday Party! Roast Pork Mashed Potato Oriental Veggies Ice Cream	14 Hot Dogs Baked Beans Coleslaw Sliced Apples	15 Macaroni & Cheese Turkey Kielbasa Stewed Tomatoes Pears
18 Chicken Parmesan w/ Spaghetti Tossed Salad Ice Cream Sandwich	19 Turkey Dinner w/ Stuffing Mashed Potatoes Italian Veggies Pudding	20 BRUNCH French Toast Sausage Hash Browns Orange Juice Cantaloupe	21 Liver & Onions Alternative: Baked Fish Mashed Potatoes Carrots Jello	22 American Chop Suey Salad Cookies
25 Chicken Marsala Au Gratin Potatoes Winter Veggies Mandarin Oranges	26 Shepard's Pie Peas Banana Mix	27 Grilled Salmon Rice Pilaf Mixed Veggies Pie	28 Baked Ham Candied Yams Corn on the Cob Pudding	29 Spaghetti w/ Meatballs Tossed Salad Pineapples

Lunch Facts: For the month of July 2017 The Ware Senior Center served 577 lunches.

Required: Call 413-967-9645 Call by noon the day before to put your name on the lunch list.

If you have any special dietary needs, please ask the front desk for the dietary needs form to give to our chef and he will do his best to accommodate you.

September Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9AM Scat Tai Chi 11:30AM Lunch 1PM Poker Yoga 4:45PM BINGO	9AM Scat 9:30AM Quilting Club Exercise @ Valley View 11:30AM Lunch 1PM Cribbage Chess 6PM Pitch* *Registration starts @5pm	9AM Scat Tai Chi 11:30AM Lunch 12:30PM BINGO 6PM SCAT *Registration starts @5pm	9AM Scat 9:30AM Exercise @ Valley View 10AM Line Dancing 10AM Knit-Crotchet– Laugh 11:30AM Lunch 1PM Pitch Chess 2:30PM Art Class 6:00PM BINGO	9AM Scat Tai Chi 11:30AM Lunch 1PM WHIST

Notable September Events:

Monday 4th—CLOSED—Labor Day

Friday 8th 10:30-4^{PM} - Brown Bag Program

Wednesday 13th 10-12^{PM} - **Walgreen’s Flu Clinic**

Wednesday 13th 11:30^{AM}— **September Birthday Party**

Thursday 14th 11-12^{PM} - **Tyler Wolanin** - District Director for Senator Anne Gobi

Tuesday 19th 9-10^{AM}—Council on Aging Meeting

Tuesday 19th 1-2^{PM} - Mobil Food Pantry - @Hillside Village 17 Convent Hill Rd. Ware, MA

Wednesday 20th—10:30-12:30^{PM}—**Heritage Hearing of New England**—Screenings by Appointment

Wednesday 27th 11-11:30^{AM}—**Ed Wloch Lecture Series**