



WARE. Senior Center

May 2017

Ware Senior Center

**1 Robbins Road - Ware, MA 01082
413-967-9645 (fax) 413-967-9294**

A letter from a Gold Star Family

Thank you!—Jeannie Ordiorne

How do I find a way? Where do I find the words to thank everyone for everything they have done? The outpouring of love, support and generosity from family, friends, teachers and classmates of Brian's, people we have never met, the entire Town of Ware, the Military and the dignitaries from the Commonwealth of MA has been overwhelmingly beyond outstanding, perfect and beautiful. We would like to extend special thanks to: SFC Bob Bean for being with us every step of the way; Soldiers Hunter Bellot and Nick Guidebeck from Ft. Hood who were dear friends of Brian for their support. All that brought food to the house, sent gifts, cards, made donations and took the time to visit or call. SGT Danny Witt Jr., the Westover ARB Wing Commander Brig. Gen. Jay D. Jensen along with all of his staff. Rob Krafchuk and the USO for their generous hospitality and support. The Patriot Guard Riders, The MA State Police along with both the Chicopee and Ware town Police for their escorts to and from Westover ARB with the greatest honor. The entire communities of Ware and Palmer for their beautiful tribute to my grandson as we brought him home. The National Guard Adjutant Maj. Gen. Gary W. Keefe, Ft Hood Army Commander Mj. Gen. Paul E. Funk II, Governor Charlie D. Baker, Lt. Governor Karyn Polito, Senator Elizabeth Warren,

Senator James P. McGovern and Senator Edward J. Markey for their loving and sincere support through these tough times. The Ware Fire Dept. for all they did. The Charbonneau's Funeral Parlor for all of the arrangements so well done. The Patriot Guard Riders who stood out in the freezing cold holding the flags both at the wake and the funeral. The Military Friends Org. for their generous donation towards the funeral expenses and buttons with Brian's photo. The Boston based MA Fallen Heroes Org for their generous donation towards the funeral expenses. Gina Johnson from Operation Home Ties for the two lovely portraits of Brian. The Blue Star Mothers Org. for presenting the Gold Star banners and the two portraits. The Red Cross for supporting all of the volunteers. The clergy, Sister Angela, Father Fitzgerald, Father Charles, and Bishop Rozanski for their beautiful mass. The Ware Senior Center for donating their space and services. The Dorchester MA Fallen Heroes Org. for taking on the catering and rental of the tables and chairs along with anyone we may have forgotten!

Our family will never forget all of the love, support, generosity and hospitality we received during this difficult time. Brian's father Duane would like to extend his support as a Gold Star Father to anyone in the community that may have a need.

Sincerely,

The family of PFC Brian P. Ordiorne

Jeannie Ordiorne, Duane Ordiorne, Mary Ordiorne and the extended Ordiorne family





Brown Bag

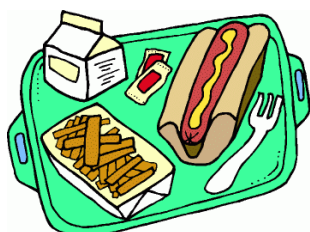
Brown Bag will be held on **Friday May 11th** at 10:30^{am}. **Participants will have until the end of business hours (4^{pm}) on Brown Bag Friday to pick up their bags.**

Please make arrangements for pick up in advance as food will not be stored beyond Brown Bag Day .

Future Brown Bag Dates to Remember:

June 9th , July 14th , August 11th

If you would like more information on the application process or to volunteer please contact Maire Bresnahan at: 413-967-9600.



Meal Policy

Please call or stop by and **put your name on the lunch list by 12 noon the day before** the meal you wish to join us for. We can not allow walk-ins or calls on the same day.

If your plans change and you can't make it, please call or stop by and let us know. Also, **tray service is for individuals that are not able to carry the food trays to their tables.** It is not an optional service provided to all. Please be honest when asking for this service. Tray service will not be added on the day of, it must be specified in advance.

Thank You from the Ware Council on Aging

“Vets Help Vets” Needs Volunteer Workers For This Event!



Veteran’s Breakfast

Saturday May 27th

9-11^{AM}



To honor our men and women who have proudly served our country., the Brookfield Institute’s Vets Helping Vets Program and the Ware Senior Center have joined forces to provide a **FREE** breakfast to our servicemen and women and their families.

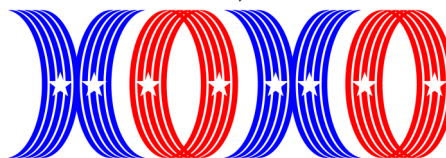
You have served us, let us serve you!

Pancakes, sausage, eggs and muffins are on the menu for the “free” breakfast for veterans and their families to be held at the Ware Senior Center from 9-11 on Saturday, May 27. Local veterans of all conflicts including non-combatants and current active duty military are invited, as are their wives, husbands and children.

Volunteers needed. Citizens who wish to support their veterans are encouraged to volunteer to be wait staff, set-up and clean-up crews. To sign up as a volunteer, please call 413-563-7282 or email: care-forthetroops@gmail.com and provide your contact information.

The breakfast is being organized by a recently formed group of local veterans and interested citizens (“Vets Help Vets”) to address the local, unmet needs of vets. Training, education and supportive services are some of the group’s goals. The group also encourages narratives of individual veteran’s experiences so that the community better understands these experiences. “Vets Help Vets” is sponsored by the Brookfield Institute’s *Care For The Troops* Program.

Remembering on Memorial Day
Thank You, Veterans!



Van Policy Changes

The Ware Council of Aging and the Staff of the Ware Senior Center want make you aware of the Van Services that are available to you. This includes service for shopping and medical visits. **COA Van Services** normally operate from 9:00 am to 1:00 pm Monday, Thursday & Friday. Destinations are limited to within the Town of Ware. The Suggested Donation is \$1.00 per trip. Lift service is available. Ask the Van Coordinator for policies for van use. For further information or to schedule a ride please contact the Van Coordinator at 413 967 9645.

COA Van Policies

All rides must be scheduled **48 hours** in advance
Patrons are limited to two stops per day (example :
after pick up, a ride to Big Y followed by a ride
to CVS; or a ride to one business and then the
Senior Center then a return home)

In cases of inclement weather, for safety reasons,
the Van may only operate for medical appointments
(blood tests, Dr.'s appointment and
counseling) No shopping. Determination on van
use on such days will rest with the Senior Center
Director after consultation with Van Coordinator
and driver scheduled that day

Medical appointments take priority over all other
trips

Patrons must designate a specific pick up and drop
off time when making the appointment

Drivers will not go in to stores to shop for patrons

Patrons are limited to what they can carry on and
off the Van in one trip or they may request assistance.
Riders needing assistance must request such assistance
when making your ride appointment. Drivers are only
allowed to assist with up to 3 standard sized bags with
a combined weight not exceeding 25 lbs. Patrons are
responsible for any extra bags etc.

Patrons requiring use of lift must do so in advance.

The lift may be used by anyone. The patrons need for assistance or use of lift will be added to patron information with the permission of the patron.

Policy Effective April 3, 2017.

Alternative Transportation Options

If you are planning on visiting the Senior Center and you live in Valley View Apartments, Highland/Hillside Apartments, or Ware Brook Village, the **PVTA Shuttle** now makes regular, daily, scheduled stops in the Ware Senior Centers' parking lot allowing you to get to and from the Senior Center. The shuttle schedule now allows riders to participate in afternoon activities. Schedules are available at Front Desk or on the Senior Van.

The **Quaboag Connector** is also available for transportation to surrounding communities outside of Ware. For more information or to make reservations for rides, please call 1-413-544-3401 or visit www.rideconnector.com



Van Report

For March 1st — March 31st

| | |
|-------------------------|----------------|
| Round Trips | 30 |
| Total Trips | 68 |
| Days on the Road | 6 |
| Mileage | 188.5 |
| Big Y Pick ups | 16 |
| Closed/Holidays | 13 |
| Van Escorts | 0 |
| Donations | \$48.00 |

***Funds to operate the van are provided in part from the Older Americans Act through a grant from WestMass Eldercare, MAEOEA & FACL**

Senior Services Available

*SHINE Counseling

Medicare A, B, D

Masshealth/Social Security/Disability/Retirement

Food Stamps (SNAP) /Fuel Assistance

Housing Application Assistance, Marie Hastings Grant

Wellness Checks and Home Visits. Contact Maire Brigid Bresnahan at

413-967-9645 x502 to make an appointment

May is Better Hearing Month!

You get you physical, you get your teeth cleaned, you get your eyes checked. Why not check your hearing?

Heritage Hearing of New England

Wednesday May 17 from 11:30-2PM

Hearing Screening/Hearing aid check and clean or service (any brand)

Able to check ears for wax build up with a video otoscope

Hearing aid batteries available for \$3.00 package of four

TROUBLE HEARING ON THE PHONE?

Free Phone to those that are eligible-Display available stop by for more details.

To learn more about hearing loss prevention stop by or call senior center to schedule an appointment

413-967-9645

For screenings and service a sign up with time and what needs seems to work best.

Senior Center Staff

John L. Zienowicz - Senior Center Director

Maire-Brigid Bresnahan—Outreach Coordinator

Marie Stacy - Van Coordinator

Donna DiPilato - Finance Coordinator

Patricia Ranner—Coffee Shop / Welcome Staff

Margarette Grzywacz - Welcome Staff

Michael Tourville - Welcome Staff

Ann Murphy - Welcome Staff

Beverly Anthony - Welcome Staff

Susan Tolar - Library Coordinator

Alton Davis - Chef

Sue Croft - Kitchen Assistant

Barbara Demers—Kitchen/Lunchroom Volunteer

Mickey Saladyga—Thrift Store Coordinator

Donna Comtois - Thrift Store/Kitchen Volunteer

Craig Simmons— Transportation Provider

Mission

It is the mission of the Ware Council on Aging to identify the total needs of the community's elder population, to link services to those needs and to improve the quality of life for our seniors

Council on Aging

Paul Benoit

Julianne Cappe

Patricia Ranner

John Zienowicz

Carol Brundige

Janet Ciejka

Craig Simmons

COA Meetings take place on the third Tuesday of every month from 9:30-10:30AM. The next meeting will be on **May 16th**. The meetings are open to the public and time for new business will be allowed near the beginning of the meeting. We only ask that people please try to contain new business to a maximum of two minutes per person.

All meetings take place at the Ware Senior Center and are open to the public.



Senior Chess Club Challenge

Beat the House Champ Steve and win \$25

Must be a resident of Ware and 60+ years of age

No cost for trying! Tue/Thurs 1-4PM



May 2017 LUNCH MENU



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 1 Ham & Turkey Salad Deviled Eggs Potato Salad Chips Pudding | 2 Stuffed Peppers Carrots Fruit Cup | 3 American Chop Suey Salad Pears | 4 *Doug Smoltze! Liver & Onions Chicken Alternative Mashed Potatoes Peas Ice Cream Sandwiches Show starts at 11am | 5 Cinco de Mayo Teryaki Chicken Wings Spanish Rice & Beans Veggie Spring Rolls Banana Mix |
| 8 Hot Dogs & Beans Creamy Potato Salad Brown Bread Sliced Apples | 9 Spaghetti w/ Meatballs Ratatouille veggies Fresh Melon | 10 BBQ Pork Roast Baked Potato Mixed Veggies Pudding | 11 Macaroni & Cheese Stewed Tomatoes Onion Soup Peaches | 12 Mother's Day Party Chicken Marsala Au Gratin Mushroom Potatoes Baby Carrots Ice Cream Cups |
| 15 Club Sandwich Chili Coleslaw Cookies | 16 Chicken Parmigiana Mini Raviolis Tossed Salad Pears | 17 Lazy Golumbki's Pickled Beets Sugar Free Jello | 18 Roasted Pork Loin Rissoto w/Tomato & Basil Asparagus Watermelon | 19 Fish & Chips Tossed Salad Chowder Mandarin Oranges |
| 22 Baked Lasagna Spinach Salad Soup Peaches | 23 Shepard's Pie Green Beans Pineapple | 24 Birthday Party! w/Laurie Festa! BBQ Chicken Scalloped Potatoes Corn on the Cob Pudding * Show starts at 11am | 25 Hot Turkey Sandwich Homemade Stuffing Scandanavian Veggies Mixed Fruit | 26 BRUNCH French Toast Scrambled Eggs Sausage Orange Juice Sugar Free Jello |
| 29 CLOSED  | 30 Chicken ala King Egg Noodles Winter Veggies Pears | 31 Beef Stew Boiled Rice Tomato Soup Ice Cream | **Saturday May 27th 9-11^{am} Veteran's Breakfast Courtesy of the Brookfield Institute See inside for details | *Menu Subject to Change |

Lunch Facts: For the month of March 2017 The Ware Senior Center served 720 lunches.

Required: Call 413-967-9645 Call by noon the day before to put your name on the lunch list.

If you have any special dietary needs, please ask the front desk for the dietary needs form to give to our chef and he will do his best to accommodate you.

May Activities

| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|---|---|---|---|---|
| 9AM Scat Tai Chi 11:30AM Lunch 1PM Poker Yoga 4:45PM BINGO | 9AM Scat 9:30AM Quilting Club Exercise @ Valley View 11:30AM Lunch 1PM Cribbage Chess 6PM Pitch* *Registration starts @5pm | 9AM Scat Tai Chi 11:30AM Lunch 12:30PM BINGO 6PM SCAT* *Registration starts @5pm | 9AM Scat 9:30AM Exercise @ Valley View 10AM Line Dancing 10AM Knit-Crotchet– Laugh 11:30AM Lunch 1PM Pitch Chess 2:30PM Art Class 4:30 PM Zumba 6:00PM BINGO | 9AM Scat Tai Chi 11:30AM Lunch 1PM WHIST 6PM Cribbage* *Registration starts @5pm |

Notable May Events:

Thursday 4th 11-12^{PM} - **Davis Bates—Musician/Storyteller**

Monday 8th 7^{PM} - **ANNUAL TOWN MEETING—Show up and Vote!**

Wednesday 10th 11-12^{PM} - **Tyler Wolanin** - District Director for Senator Anne Gobi

Friday 11th 10:30-4^{PM} - Brown Bag Program

Tuesday 16th 9:30-10:30^{AM} - COA Meeting

Tuesday 16th 1-2^{PM} - Mobil Food Pantry - @Hillside Village 17 Convent Hill Rd. Ware, MA

Wednesday 17th 11:30-2:00^{PM}—Heritage Hearing—Screenings—Sign up at front desk

Wednesday 24th—**April Birthday Party w/ Laurie Festa! Show starts at 11am**

Saturday 27th 9-11^{AM}—**Veteran’s Breakfast** - Sponsored by the Brookfield Institute