



WARE Senior Center



December 2017



Ware Senior Center

**1 Robbins Road - Ware, MA 01082
413-967-9645 (fax) 413-967-9294**

Mission

It is the mission of the Ware Council on Aging to identify the total needs of the community's elder population, to link services to those needs and to improve the quality of life for our seniors

"There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age." Sophia Loren

Senior Services Available

*SHINE Counseling

Medicare A, B, D

MassHealth/Social Security/Disability

Retirement

Food Stamps (SNAP) /Fuel Assistance

Housing Application Assistance

Maria Hastings Grant

Wellness Checks and Home Visits.

Open enrollment ends December 7th!

Contact Maire Brigid Bresnahan at 413-967-9645 x502 to make an appointment

Senior Center Staff

John L. Zienowicz - Executive Director
Maire-Brigid Bresnahan—Outreach Coordinator
Marie Stacy - Van Coordinator
Donna DiPilato - Finance Coordinator
Patricia Ranner—Activity Leader-BINGO
Margarette Grzywacz - Welcome Staff
Michael Tourville - Welcome Staff
Ann Murphy - Welcome Staff
Beverly Anthony - Welcome Staff
Alton Davis - Chef
Meghan Guimond - Kitchen Assistant
Barbara Demers—Kitchen/Lunchroom Volunteer
Mickey Saladyga—Thrift Store Coordinator
Donna Comtois - Thrift Store/Kitchen Volunteer
Craig Simmons— Transportation Provider

Council on Aging

Paul Benoit
Julianne Cappe
Craig Simmons
John Zienowicz

Carol Brundige
Janet Ciejka
Cindy Wloch

COA Meetings take place on the third Tuesday of every month from 9-10AM. The next meeting will be on Tuesday **January 16th**.

The meetings are open to the public and time for new business will be allowed near the beginning of the meeting.

We only ask that people please try to contain new business to a maximum of two minutes per person.

All meetings take place at the Ware Senior Center and are open to the public.

Meet with your Representatives

Have an issue for your state legislators to tackle?

Meet their staff here!

Thursday 12/7 12-1^{PM}

Tyler Wolanin, District Director

for Senator Anne Gobi





Brown Bag

Brown Bag will be held on **Friday December 8th** at 10:30^{am}. **Participants will have until the end of business hours (4^{pm}) on Brown Bag Monday to pick up their bags.**

Please make arrangements for pick up in advance as food will not be stored beyond Brown Bag Day .

Future Brown Bag Dates to Remember:
January 12th, February 9th, March 9th

If you would like more information on the application process or to volunteer please contact Maire Bresnahan at: 413-967-9645 x502.



The Ware Senior Center is now a Regional SNAP Provider for the Department of Transitional Assistance.

SNAP applications can be processed directly here cutting the response time nearly in half.

If you or someone you know in the vicinity needs access to the SNAP program have them make an appointment with Maire Brigid Bresnahan at the front desk or by calling 413-967-9645 x502

Free Ware Community Dinners

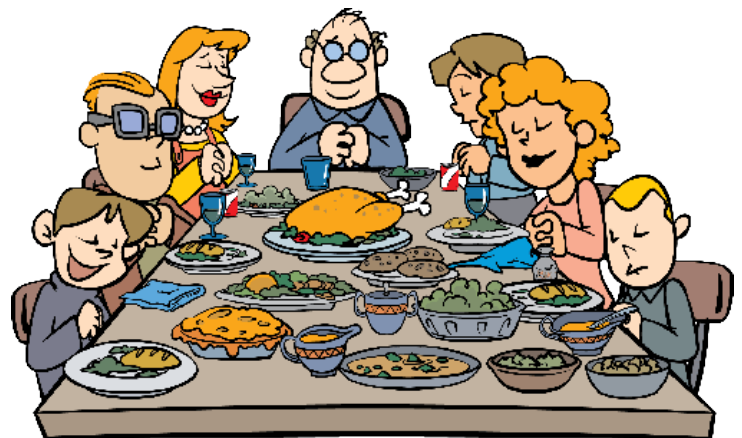
Come and join your neighbors and converse over a hot meal for free.

BE OUR GUEST! Three days each month anyone in Ware can be our guest for a hot meal. At noon on the third Tuesday of the month , Trinity Church volunteers will serve a hot lunch at the **Hillside Village** location to those in line for the Western Mass Food Bank delivery. Then at 5:30^{PM} on the same Tuesday, all are invited to come for a hot meal at **Trinity's Morrill Hall**. We welcome veterans and all who are hungry or in need of a warm meal.

Other sites include:

All Saints Church—1st Wednesday of every month at 5^{PM}

Ware Senior Center— 2nd Wednesday of every month at 5:30^{PM}



COA "Van Go" Service

The Ware Council of Aging and the Staff of the Ware Senior Center want make you aware of the Van Services that are available to you.

This includes service for shopping and medical visits. **COA "Van Go "Services** normally operate from 9:00 am to 1:00 pm Monday, Thursday & Friday. Destinations are limited to within the Town of Ware.

The Suggested Donation is \$1.00 per trip. Lift service is available. Ask the Van Coordinator for **policies for van use**. For further information or to schedule a ride please contact the Van Coordinator at 413 967 9645.



Van Report

For October 1- 31st

Round Trips	13
Total Trips	31
Days on the Road	13
Mileage	132.3
Big Y Pick ups	13
Closed/Holidays	3
Van Escorts	0
Donations	\$25.00

***Funds to operate the van are provided in part from the Older Americans Act through a grant from WestMass Eldercare, MAEOEA & FACL**

Alternative Transportation Options

If you are planning on visiting the Senior Center and you live in Valley View Apartments, Highland/Hillside Apartments, or Ware Brook Village, the **PVTA Shuttle** now makes regular, daily, scheduled stops in the Ware Senior Centers' parking lot allowing you to get to and from the Ware Senior Center. This shuttle schedule now allows riders to participate in afternoon activities. Schedules are available at Front Desk or on the Senior Van. The **PVTA** also offers para-transit service to seniors and people with disabilities who need transportation for shopping, work, banking, medical purposes, day programs, etc. across the Pioneer Valley call 1-866-277-7741 to schedule a ride.

The **Quaboag Connector** is also available for transportation to surrounding communities outside of Ware. For more information or to make reservations for rides, please call 1-413-544-3401 or visit www.rideconnector.com



December 5th 12:30 - 2:30PM

call the Senior Center front desk, 413-967-9645 to schedule an appointment

We will discuss any concerns with your hearing healthcare



Annual Christmas Party!

December 20th

11-12:15pm

Raffles

50/50

Entertainment by the Ware Public

School Music

Department

Space is limited so sign up at the front desk before December 19th!



Dioguardi Jewelers

Do you have any old, broken or tarnished jewelry that you would like to know what to do with? Do you need it fixed? Do you want to know what its' worth? Would you like to sell it for cash but don't know how?

Come by on **Wednesday -December 6 at 11^{AM}**

And enjoy a presentation by

Mike Harris - Owner / Operator

Dioguardi Jewelers

And again on **Friday December 15th—11-1^{PM}**

For FREE appraisals/recommendations and cash offers

Jubilee Cupboard

The Jubilee Cupboard provides emergency food assistance and is open Thursdays from 9-12^{PM}. The location is 20 Park St, Ware next door to Trinity Church and directly behind the Old Ware Fire Station. Proof of residence is required. For more information please phone 413-967-3274, or e-mail

Jubilee_Cupboard@trinityware.org.

Mobile Food Pantry

The Western Mass Food Bank in conjunction with the Bay State Mary Lane Community Benefits Advisory Committee and Stop & Shop's Our Family Foundation delivers a truck full of free fresh and non-perishable groceries directly to a community site for immediate distribution to residents. The program reaches underserved populations throughout Western Massachusetts that don't have access to healthy foods, including families, seniors and children.

There are no eligibility requirements to receive food from our Mobile Food Pantry. Anyone in need of assistance can attend. It's a good idea to arrive 10-15 minutes prior to distribution time, and bring with you boxes or bags to carry your food.

Every third Tuesday of the month rain or shine.

The event takes place in the parking lot at Hillside Village 17 Convent Hill Road Ware



From 1:00-2:00PM

Upcoming dates: December 19th, January 16th, February 20th, March 20th



December 2017 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
*Menu Subject to Change				1 Roast Pork Oven Potatoes Green Beans Pudding
4 Chicken Parmesan w/ Spaghetti Tossed Salad Pineapples	5 Grilled Burgers w/ all the fixins French Fries Peaches	6 Turkey Dinner Mashed Potatoes Homemade Stuffing Green Beans Jell-O	7 Tuna Melt Potato Chips Tomato Soup Pears	8 Baked Fish Scalloped Potatoes Peas Ice Cream
11 Macaroni & Cheese Stewed Tomatoes Sliced Apples	12 Kielbasa Baked Beans Cabbage Mixed Fruit	13 Birthday Party Roast Chicken Au Gratin Potatoes Mixed Veggies Birthday Cake	14 Sloppy Joes French Fries Tossed Salad Mandarin Oranges	15 Beef Stew over Egg Noodles Broccoli Fruit Pie
18 Chicken Nuggets Sweet Potato Fries Three Bean Salad Peaches	19 Meatloaf Parmesan w/ Spaghetti Coleslaw Pears	20 Christmas Party! Baked Ham Golf Ball Potatoes Green Bean Casserole Ice Cream	21 Brunch Blueberry Pancakes Scrambled Eggs Sausages Orange Juice Mixed Fruit	22 Salmon Boats Spanish Rice Dill Carrots Cookies
25 Merry Christmas! 	26 Closed HAPPY BOXING DAY! 	27 BLT Sandwich Hot German Potato Salad Tomato Soup Peaches	28 Fried Chicken Sweet Potatoes Corn Mixed Fruit	29 Shepard's Pie Peas Brownies

Lunch Facts: For the month of October 2017 The Ware Senior Center served 641 lunches.

Required: Call 413-967-9645 Call by noon the day before to put your name on the lunch list.

If you have any special dietary needs, please ask the front desk for the dietary needs form to give to our chef and he will do his best to accommodate you.



December Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9AM Scat Tai Chi 11:30AM Lunch 1PM Poker 4:45PM BINGO	9AM Scat 9:30AM Quilting Club Exercise @ Valley View 11:30AM Lunch 1PM Cribbage Chess 6PM Pitch* *Registration starts @5pm	9AM Scat Tai Chi 11:30AM Lunch 12:30PM BINGO	9AM Scat 9:30AM Exercise @ Valley View 10AM Line Dancing 10AM Knit-Crotchet– Laugh 11:30AM Lunch 1PM Pitch Chess 2:30PM Art Class 6:00PM BINGO	9AM Scat Tai Chi 11:30AM Lunch 1PM WHIST 6PM Pitch* *Registration starts @5pm

Notable December Events

Wednesday 6th 11-11:30^{AM}—Mike Harris—
Dioguardi Jewelers, Presentation

Thursday 7th 12-1^{PM}—Tyler Wolanin—

District Director for Senator Anne Gobi

Friday 8th 10:30-4^{PM} - Brown Bag Program

Wednesday 13th 11:30^{AM}— **December Birthday**

Party

Wednesday 13th 5:30-6:30^{PM}—Free Community Dinner

Friday 15th 11-1^{PM}—Mike Harris - Dioguardi Jewelers—Free Jewelry appraisals and sales

Tuesday 19th 9-10^{AM}—Council on Aging Meeting

Tuesday 19th 1-2^{PM} - Mobil Food Pantry - @Hillside Village 17 Convent Hill Rd. Ware, MA

Wednesday 20th Christmas Party w/ the Ware Public School Entertainers

Monday & Tuesday 25th & 26th Closed Christmas

Wednesday 27th 11-11:30^{AM}—Ed Wloch Lecture Se-